Tipsy Laird

C-N-Do Scotland



Tipsy Laird is another delicious Scottish dessert more widely known as Sherry Trifle. A special dessert, often served on special occasions like Christmas, New Year and particularly at Burns Suppers.



YIELD: 6 - 8 SERVINGS

PREP TIME: 20 minutes

COOK TIME: 45 MINUTES

TOTAL TIME: 1 hour and 5 minutes

Ingredients

- 1 Victoria Sponge Cake, sliced
- 300g (~10 oz) Raspberry Jam
- 1 wine glass Sherry
- 2 tbsp Drambuie
- 300g (~10 oz) Raspberries
- 2 Bananas
- 1 tbsp Castor Sugar (finer sugar than granulated, but not confectioners' sugar) Generally one can use granulated sugar, or make a finer sugar by placing sugar in a food processor or coffee grinder.)
- Sprinkling Toasted Almonds
- 250 ml (~8oz) Milk

- 150 ml (~5 oz) Double Cream
- 2 Egg Yolks
- 50g (~2 oz) Castor Sugar
- Few Drops Vanilla Extract

Equipment:

- Medium pot
- Glass bowl
- Whisk

Instructions

- 1. Place the sponge in the base of a large glass bowl and spread with the raspberry jam. Mix the sherry and the brandy and sprinkle evenly over the sponge allowing it to soak in. Next add a layer of raspberries and sliced bananas.
- 2. To make the custard, whisk together the egg yolks, sugar, and vanilla extract until pale and creamy. Heat the milk and cream together in a saucepan until boiling point then stir into the egg mixture. Once it is well blended, return to the pan and stir continuously over a low heat until the custard thickens.
- 3. Pour into a dish and allow to cool. When quite cool, pour the custard over the layer of fruit, spreading evenly.
- 4. Next whip the double cream, add sugar to sweeten and spoon on top of custard.
- 5. Decorate your Tipsy Laird with toasted almonds. Refrigerate for 1-2 hours then serve.



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